

**NUTRA HEALTHCARE PRIVATE LIMITED**

**Address: 117 to 120, OM Industrial Estate -2, Village – Makna, Ta –  
Kamrej, Surat-394325, Guj. India**

**CERTIFICATE OF ANALYSIS**

**NAME OF PRODUCT: HER BALANCE CAPSULE**

**BATCH NO: NHCP26146**

**ATR NO. : 01301/26/27**

**MFG DATE: JUL - 2026**

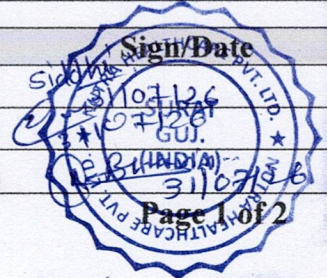
**SAMPLE QUANTITY:100 CAPSULE**

**EXP. DATE: DEC – 2027**

**RELEASE DATE: 31/07/2026**

| SR.NO | TEST                                                        | SPECIFICATION                                                  | RESULT           |
|-------|-------------------------------------------------------------|----------------------------------------------------------------|------------------|
| 1     | Description                                                 | White Colored Hard Gelatin '00' Size Capsule.                  | Complies         |
| 2     | Capsule Size                                                | '00' Size                                                      | '00' Size        |
| 3     | Weight of Empty 10 capsule                                  | NMT 1.18 gm                                                    | 1.18 gm          |
| 4     | Net Weight Of 10 Capsules                                   | NLT 6.52 gm                                                    | 6.86 gm          |
| 5     | Filled Weight Of 10 Capsules                                | NLT 7.70 gm                                                    | 8.04 gm          |
| 6     | Deviation (+5 %)                                            | NLT 7.41 to NMT 8.19 gm                                        | 8.04 gm          |
| 7     | Lock length of 10 Capsule                                   | 23.00 ± 0.76 mm                                                | 22.56 mm         |
| 8     | Disintegration Time                                         | NMT 30 minutes                                                 | 10 min 09 Sec    |
| 9     | Leak test                                                   | Should not be leakages within 15 minutes under vacuum 400mm Hg | No leakage Found |
| 10    | <b>ASSAY (Each 2 Capsule Contains)</b>                      |                                                                |                  |
|       | <b>Hormonal Function And Reproductive Health</b>            |                                                                |                  |
|       | Ashwagandha (Withania Somnifera) Root Extract – 100 mg      | Not Less Than 80% w/w of label claim                           | 99.12 %          |
|       | Chasteberry (Vitex Agnus-castus Linn) Seed Extract – 200 mg | Not Less Than 80% w/w of label claim                           | 100.28 %         |
|       | Black Cohosh (Cimicifuga Racemosa) Root Extract – 100 mg    | Not Less Than 80% w/w of label claim                           | 101.30 %         |
|       | Shatavari Root Extract – 100 mg                             | Not Less Than 80% w/w of label claim                           | 98.12 %          |
|       | Ashoka Bark (Saraca Asoca) Bark Extract – 50 mg             | Not Less Than 80% w/w of label claim                           | 100.13 %         |
|       | <b>Metabolic And Blood Glucose Support</b>                  |                                                                |                  |
|       | Chromium (as Chromium Picolinate) – 25 mcg                  | Not Less Than 80% w/w of label claim                           | 101.77 %         |
|       | Cinnamon Bark Extract – 50 mg                               | Not Less Than 80% w/w of label claim                           | 102.53 %         |
|       | Myo-inositol – 400 mg                                       | Not Less Than 80% w/w of label claim                           | 100.10 %         |
|       | D Chiro Inositol – 10 mg                                    | Not Less Than 80% w/w of label claim                           | 99.16 %          |
|       | N-Acetyl-L-Cysteine – 200 mg                                | Not Less Than 80% w/w of label claim                           | 101.74 %         |

|             | Name             | Designation- Department | Sign/Date        |
|-------------|------------------|-------------------------|------------------|
| Prepared By | Siddhi Prayapati | Officer QC              | Siddhi Prayapati |
| Reviewed By | Jaydeep Kumbhani | Sr. Officer QC          | Jaydeep Kumbhani |
| Approved By | Bhavin Nanduniya | Sr. Executive QA        | Bhavin Nanduniya |



**NUTRA HEALTHCARE PRIVATE LIMITED**

**Address: 117 to 120, OM Industrial Estate -2, Village – Makna, Ta –  
Kamrej, Surat-394325, Guj. India**

**CERTIFICATE OF ANALYSIS**

|                         |                            |                                    |
|-------------------------|----------------------------|------------------------------------|
| <b>NAME OF PRODUCT:</b> | <b>HER BALANCE CAPSULE</b> |                                    |
| <b>BATCH NO:</b>        | <b>NHCP26146</b>           | <b>ATR NO. : 01301/26/27</b>       |
| <b>MFG DATE:</b>        | <b>JUL - 2026</b>          | <b>SAMPLE QUANTITY:100 CAPSULE</b> |
| <b>EXP. DATE:</b>       | <b>DEC – 2027</b>          | <b>RELEASE DATE: 31/07/2026</b>    |

| SR.NO     | TEST                                                                     | SPECIFICATION                        | RESULT   |
|-----------|--------------------------------------------------------------------------|--------------------------------------|----------|
|           | <b>Anti-Inflammation And Anti-Oxidation Support</b>                      |                                      |          |
|           | Folic Acid (n-pteroyl-l-glutamic acid) Eq. to Elemental Folate – 110 mcg | Not Less Than 80% w/w of label claim | 99.82 %  |
|           | L-Methylfolate – 110 mcg                                                 | Not Less Than 80% w/w of label claim | 100.30 % |
|           | Vitamin B12 (Cyanocobalamin) – 2 mcg                                     | Not Less Than 80% w/w of label claim | 120.19 % |
|           | Vitamin D3 (Cholecalciferol) – 600 IU                                    | Not Less Than 80% w/w of label claim | 124.16 % |
|           | Selenium (as Selenomethionine) – 40 mcg                                  | Not Less Than 80% w/w of label claim | 100.23 % |
|           | Zinc (as Zinc Citrate) – 13.2 mg                                         | Not Less Than 80% w/w of label claim | 99.77 %  |
|           | Ginger (Zingiber Officinale) Rhizome Extract – 50 mg                     | Not Less Than 80% w/w of label claim | 101.10 % |
|           | Turmeric (Curcuma Longa) Rhizome Extract – 50 mg                         | Not Less Than 80% w/w of label claim | 102.37 % |
|           | Fenugreek Seed (Trigonella Foenum-graecum) Seed Extract – 50 mg          | Not Less Than 80% w/w of label claim | 100.07 % |
| <b>11</b> | <b>Microbial Enumeration Tests</b>                                       |                                      |          |
|           | Bacterial Count                                                          | NMT 100 cfu/g                        | 10 cfu/g |
|           | Fungal Count                                                             | NMT 10 cfu/g                         | 1 cfu/g  |
|           | <b>Test For Specified Micro Organisms</b>                                |                                      |          |
|           | Pseudomonas aeruginosa                                                   | Should be Absent                     | Absent   |
|           | Staphylococcus aureus                                                    | Should be Absent                     | Absent   |
|           | Salmonella                                                               | Should be Absent                     | Absent   |
|           | E - Coli                                                                 | Should be Absent                     | Absent   |

**STATUS:** The Batch Counter Sample Complies with the prescribed standard of Quality as per Technical Specification of This product.

|                    | Name             | Designation- Department | Sign/Date        |
|--------------------|------------------|-------------------------|------------------|
| <b>Prepared By</b> | Siddhi Patyapati | Officer QC              | Siddhi Patyapati |
| <b>Reviewed By</b> | Jenderp Kumbhani | Sr. Officer QC          | Jenderp Kumbhani |
| <b>Approved By</b> | Bhavin Nandanika | Sr. executive QA        | Bhavin Nandanika |

